

Gluten Free Products and Availability in Salem/Portland Oregon Area

Company & Website	Products/Services	Available
Camp Blue Spruce – www.campbluespruce.org	A worry free camp for kids with food allergies. Ages 10-14 for both genders	Located near Banks, Oregon
Brazi Bites www.brazibites.com	Gluten Free Appetizers/snacks	Check website for availability.
Bob's Red Mill www.bobsredmill.com	Large Gluten Free Selection of raw ingredients and mixes.	Large store in Milwaukie, Oregon. However their products are widely available.
Betty Lou's www.bettylousinc.com	Gluten free snacks	Check website for availability.
Legit Gluten Free Pizza www.legitglutenfreepizza.com	Superb Thin crust pizza crust mix.	Check website for availability.
Kinnikinnick Gluten Free Products www.kinnikinnick.com	This company creates great ready-made solutions for folks who need to be gluten-free.	Check website for availability.
Jensen's Bread and Bakeries www.jensenbread.com	Focused on gluten free bread that is tasty and high quality.	Check website for availability.
Oregon Cracker Company www.oregoncrackercompany.com	Simply the Best Gluten Free Crackers.	Check website for availability.
Blue Monkey Gluten Free Bakery www.bluemonkeygfbakery.com	Great GF Bread – No monkey business.	Located in Corvallis, Oregon. Check website for availability.
The healthy Gluten-Free Life – Book www.thehealthyglutenfreelife.com	Not another gluten-free baking book. Everyone of the 200 recipes is not just gluten-free but also free of soy, eggs, dairy, white rice and bean flours.	Check website for availability.
Gluten Intolerance Group of Mid-Willamette Valley.	Meets between 10am and Noon on the second Saturday of the Month at Salem Hospital Bldg. D – Community Health Education Center (CHEC)	
Roberts Crossing – Fine Dining GF Style www.robertscrossing.com	Superb Fine Dining Gluten Free Menu – Cheesecake is absolutely delicious!	Located at 3635 River Road S., Salem, Oregon.
Udi's Gluten Free www.udisglutenfree.com	Wide selection of Ready-made gluten free products that taste great and are widely available.	Check website for availability.

123 Gluten Free www.123glutenfree.com	“Easy to make can’t beat the taste!” Made by a family-based company in a dedicated GF facility.	Check website for availability.
Lifesource Natural Foods - Market www.lifesourcenaturalfoods.com	Vast selection of GF products, and staff is exceptionally friendly and willing to help.	South Commercial in Salem. Check website for more information.
Marco Polo Restaurant www.mpologlobal.com	Dedicated GF Menu	Downtown Salem. Check website for more information.
Figaro’s Pizza www.figaros.com	For those times when you want to fit in with the other teenagers☺ Great Gluten Free pizza crust.	Check website for availability.
Garlic Jim’s Famous Gourmet Pizza www.garlicjims.com	Gourmet touch to pizza. Garlic Jim’s is accredited by Gluten intolerance Group of North America.	Check website for availability.
Odd Moe’s Pizza www.oddmoes.com	Gluten Free Crust option available.	Check website for availability.